

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>KEY</p> <p>Green = TPM Bus Transportation</p> <p>Black Bold = Meetings</p> <p>Purple = Highlighted Activity/Event</p> <p>Blue = Exercise/Wellness Activity</p> <p>Red =Spiritual</p>	<p>OYO = ON YOUR OWN</p> <p>TR = THEATER ROOM</p> <p>M = MEZZANINE</p> <p>S = ART STUDIO</p> <p>PD = POOL DECK</p>		<p>MC = MEDIA CENTER</p> <p>PRD = PRIVATE DINING</p> <p>L = LOBBY</p> <p>LIB = LIBRARY</p> <p>DR = DINING ROOM</p>		<p>9:30am Mahaffey Theater Coffee Concert: Center Stage</p> <p>10:30am Chair Yoga (TR)</p> <p>1pm Move and Mingle w/Lemi (M)</p> <p>1:30pm Tyrone Gardens Shopping Center</p> <p>3pm Writing Group (TR)</p> <p>6:30pm Thursday Night Movie(TR)</p> <p>6:30-8:30pm Trivial Pursuit (S)</p>	<p>9:30 WalMart/ALDI</p> <p>10:30am Wii Bowling (MC)</p> <p>1pm Poker (TR)</p> <p>1:30pm Scrabble (M)</p> <p>2pm Bridge (S)</p> <p>2pm Silver Sneakers Fitness (M)</p> <p>4pm Happy Hour (M)</p> <p>6:30pm Friday Night Movie (TR)</p>	<p>9am-2pm Saturday Morning Market at William's Park (OYO)</p> <p>10am-5pm Awakening Into the Sun at South Straub Park (OYO)</p> <p>9:30am Yoga Nidra Meditation (TR)</p> <p>10:30am Billiards (TR)</p> <p>1pm Poker (TR)</p>
<p>4</p> <p>10am-5pm Awakening Into the Sun at South Straub Park (OYO)</p> <p>1pm Poker (TR)</p> <p>5pm Dominoes (M)</p> <p>5:30pm Sunday Night Movie (TR)</p>	<p>5</p> <p>10am Bridge (S)</p> <p>1pm Poker (TR)</p> <p>1pm Life & Religion Studies (MC)</p> <p>2:15-4pm Computer Basics at Mirror Lake Library (OYO)</p> <p>6pm Dominoes (M)</p> <p>6:30-9:30pm Billiards (TR)</p>	<p>6</p> <p>11:30am Taco Tuesday</p> <p>1pm Wii Bowling (MC)</p> <p>1:15pm St. Pete Care at Home: Fall Prevention (M)</p> <p>4pm Fiesta Happy Hour (M)</p> <p>5:30-8pm Billiards (TR)</p> <p>6:30pm Socrates Café</p>	<p>7</p> <p>9:30am Yoga Nidra Meditation (TR)</p> <p>9:30am Dolphin Village Plaza</p> <p>12pm Blood Pressure Clinic (M)</p> <p>1pm Poker (TR)</p> <p>1pm Rummie Cube (M)</p> <p>2pm Bridge (S)</p> <p>3pm Book Club (M)</p> <p>6:30pm Kings in a Corner (M)</p>	<p>8</p> <p>10:30am Chair Yoga (TR)</p> <p>1pm Move and Mingle w/Lemi (M)</p> <p>1:30pm Target/Gateway mall</p> <p>3pm Writing Group (TR)</p> <p>4pm Dinner at 4th Street Shrimp Store</p> <p>6:30pm Thursday Night Movie(TR)</p> <p>6:30-8:30pm Trivial Pursuit (S)</p>	<p>9</p> <p>9:30am WalMart/ALDI</p> <p>10am Morning Writing Group (TR)</p> <p>10:30am Wii Bowling (MC)</p> <p>1pm Poker (TR)</p> <p>1:30pm Scrabble (M)</p> <p>2pm Bridge (S)</p> <p>2pm Silver Sneakers Fitness (M)</p> <p>4pm Happy Hour (M)</p> <p>6:30pm Friday Night Movie (TR)</p>	<p>10</p> <p>9:30am Yoga Nidra Meditation (TR)</p> <p>11am-4pm Grand Prix of St. Pete at Albert Whitted Park (OYO)</p> <p>10:30am Billiards (TR)</p> <p>1pm Poker (TR)</p> <p>6:30pm Saturday Night Movie (TR)</p>	
<p>11</p> <p>10am-12pm Orchid Festival at Sunken Gardens</p> <p>1pm Poker (TR)</p> <p>5pm Dominoes (M)</p> <p>5:30pm Sunday Night Movie (TR)</p> <p>Daylight Savings</p>	<p>12</p> <p>10am Bridge (S)</p> <p>1pm Milkshake Social (M)</p> <p>1pm Poker (TR)</p> <p>1pm Life & Religion Studies (MC)</p> <p>6pm Dominoes (M)</p> <p>6:30-9:30pm Billiards (TR)</p>	<p>13</p> <p>9:30am Catholic Communion (LB)</p> <p>11:30am March Birthday Luncheon (PRD)</p> <p>1pm Wii Bowling (MC)</p> <p>2pm Mini Manicures (S)</p> <p>4pm Happy Hour (M)</p> <p>5:30-8pm Billiards (TR)</p>	<p>14</p> <p>9:30am Yoga Nidra Meditation (TR)</p> <p>9:30am Northeast Shopping Center</p> <p>9:30am MFA Coffee Talk w/ Nan Colton: Florida Gardens</p> <p>12pm Blood Pressure Clinic (M)</p> <p>1pm Poker (TR)</p> <p>1pm Rummie Cube (M)</p> <p>6:30pm Kings in a Corner (M)</p>	<p>15</p> <p>10:30am Chair Yoga (TR)</p> <p>1pm Move and Mingle w/Lemi (M)</p> <p>1:30pm Trader Joe's</p> <p>3pm Writing Group (TR)</p> <p>6:30pm Thursday Night Movie(TR)</p> <p>6:30-8:30pm Trivial Pursuit (S)</p>	<p>16</p> <p>9:30am WalMart/ALDI</p> <p>9:30am MWTM: Tenors & Villains and Maids, Oh MY!</p> <p>10:30am Wii Bowling (MC)</p> <p>1pm Poker (TR)</p> <p>1:30pm Scrabble (M)</p> <p>2pm Bridge (S)</p> <p>2pm Silver Sneakers Fitness (M)</p> <p>4pm St. Patrick's Day Happy Hour (M)</p> <p>6:30pm Friday Night Movie (TR)</p>	<p>17</p> <p>9:30am Yoga Nidra Meditation (TR)</p> <p>10:30am Billiards (TR)</p> <p>1pm Poker (TR)</p> <p>6:30pm Saturday Night Movie (TR)</p> <p>St. Patrick's Day</p>	
<p>18</p> <p>1pm Poker (TR)</p> <p>5pm Dominoes (M)</p> <p>5:30pm Sunday Night Movie (TR)</p>	<p>19</p> <p>10am Bridge (S)</p> <p>11:30am New Resident Orientation (PRD)</p> <p>1pm Poker (TR)</p> <p>1pm Life & Religion Studies (MC)</p> <p>6pm Dominoes (M)</p> <p>6:30-9:30pm Billiards (TR)</p>	<p>20</p> <p>1pm Get Well Educational Talk: Benefits of CBD (MC)</p> <p>4pm Happy Hour (M)</p> <p>5:30pm-8pm Billiards (TR)</p> <p>6:30pm Socrates Café (M)</p>	<p>21</p> <p>9:30am Yoga Nidra Meditation (TR)</p> <p>9:30am Pasadena Shopping Center</p> <p>12pm Private Event (M)</p> <p>12pm Blood Pressure Clinic (M)</p> <p>1pm Poker (TR)</p> <p>1pm Rummie Cube (M)</p> <p>2pm Bridge (S)</p> <p>2:15pm Resident Council Meeting (M)</p> <p>6:30pm Kings in a Corner (M)</p>	<p>22</p> <p>10:30 Chair Yoga (TR)</p> <p>1pm Move and Mingle w/Lemi (M)</p> <p>1:30pm Target/Gateway mall</p> <p>3pm Writing Group (TR)</p> <p>4pm Dinner at Red Mesa Cantina</p> <p>6:30pm Thursday Night Movie(TR)</p> <p>6:30-8:30pm Trivial Pursuit (S)</p>	<p>23</p> <p>9:30am WalMart/Aldi</p> <p>10am Morning Writing Group (TR)</p> <p>10:30am Wii Bowling (MC)</p> <p>1pm Art in Bloom at the MFA</p> <p>1pm Poker (TR)</p> <p>1:30pm Scrabble (M)</p> <p>2pm Bridge (S)</p> <p>2pm Silver Sneakers Fitness (M)</p> <p>4pm Happy Hour (M)</p> <p>6:30pm Friday Night Movie (TR)</p>	<p>24</p> <p>9:30am Yoga Nidra Meditation (TR)</p> <p>10:30am Billiards (TR)</p> <p>1pm Poker (TR)</p> <p>6:30pm Saturday Night Movie (TR)</p>	
<p>25</p> <p>1pm Poker (TR)</p> <p>5pm Dominoes (M)</p> <p>5:30pm Sunday Night Movie (TR)</p>	<p>26</p> <p>10am Bridge (S)</p> <p>1pm Poker (TR)</p> <p>1pm Life & Religion Studies (MC)</p> <p>2:15pm Activities Meeting (MC)</p> <p>6pm Dominoes (M)</p> <p>6:30-9:30pm Billiards (TR)</p>	<p>27</p> <p>9:30am Catholic Communion (LB)</p> <p>1pm Wii Bowling (MC)</p> <p>1:30pm Food Meeting with the Chef (M)</p> <p>4pm Happy Hour (M)</p> <p>5:30-8pm Billiards (TR)</p>	<p>28</p> <p>9:30am Yoga Nidra Meditation (TR)</p> <p>9:30am Northeast Shopping Center</p> <p>12pm Blood Pressure Clinic (M)</p> <p>1pm Thrifting</p> <p>1pm Poker (TR)</p> <p>1pm Rummie Cube (M)</p> <p>2pm Bridge (M)</p> <p>3pm Poetry (TR)</p> <p>6:30pm Kings in a Corner (M)</p>	<p>29</p> <p>10:30 Chair Yoga (TR)</p> <p>1pm Move and Mingle w/Lemi (M)</p> <p>1:30pm Park Street Retail Plaza</p> <p>3pm Writing Group (TR)</p> <p>6:30pm Ladies Night (TR)</p> <p>6:30-8:30pm Trivial Pursuit (S)</p>	<p>30</p> <p>9:30am WalMart/Aldi</p> <p>10:30am Wii Bowling (MC)</p> <p>11:30am Picnic at Maximo Park</p> <p>1pm Poker (TR)</p> <p>1:30pm Scrabble (M)</p> <p>2pm Bridge (S)</p> <p>2pm Silver Sneakers Fitness (M)</p> <p>4pm Happy Hour (M)</p> <p>6:30pm Friday Night Movie (TR)</p>	<p>31</p> <p>9:30am Yoga Nidra Meditation (TR)</p> <p>10:30am Billiards (TR)</p> <p>1pm Poker (TR)</p> <p>6:30pm Saturday Night Movie (TR)</p>	

March

Welcome Home, New Residents

Zeda Zorn
Maria "Tach" Molina
Ruth Bowman
Roberta Smith

The Princess Martha Team

DANIELLE BRUYNELL
EXECUTIVE DIRECTOR

ALAN MARTINEZ
MARKETING DIRECTOR

VICTORIA GREEN
LIFE ENRICHMENT DIRECTOR

JAY MAXFIELD
MAINTENANCE DIRECTOR

ALAN CUNNINGHAM
DINING SERVICES DIRECTOR

JULIE MAINTZER
BUSSINESS OFFICE MANAGER

ANGELA BUTLER
HOUSEKEEPING SUPERVISOR

Highlighted Activities

- St. Pete Care at Home: Fall Prevention 03/06
- Dinner at 4th Street Shrimp Store 03/08
- Milkshake Social 03/12
- Mini Manicures 03/13
- Get Well Educational Talk: Benefits of CBD 03/20
- Dinner at Red Mesa Cantina 03/22
- Art in Bloom at the MFA 03/23
- Ladies Night 03/29
- Picnic at Maximo Park 03/30

St. Patrick's Day History

May your blessings outnumber
The shamrocks that grow,
And may the trouble avoid you
Wherever you go.
-An Irish Toast



St Patrick's Day is celebrated annually on March 17th, the traditional religious feast day of St. Patrick and the day he is believed to have died in 460 A.D. The Irish have observed this religious holiday for hundreds of years. But, how did we come to celebrate St. Patrick's Day in the United States?

The Origins of Women's History Month

Women's History Month in the United States grew out of a weeklong celebration of women's contributions to culture, history and society organized by the school district of Sonoma, California, in 1978. Presentations were given at dozens of schools, hundreds of students participated in a "Real Woman" essay contest and a parade was held in downtown Santa Rosa.

Did You Know?

To coincide with Women's History Month 2011, the White House issued a 50-year progress report on the status of women in the United States. It found that younger women are now more likely than their male counterparts to hold a college degree and that the number of men and women in the labor force has nearly equalized.

A few years later, the idea had caught on within communities, school districts and organizations across the country. In 1980, President Jimmy Carter issued the first presidential proclamation declaring the week of March 8 as National Women's History Week. The U.S. Congress followed suit the next year, passing a resolution establishing a national celebration. Six years later, the National Women's History Project successfully petitioned Congress to expand the event to the entire month of March.