

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <b>11:30am-1pm Easter Dinner</b> 1pm Poker (TR) 5pm Dominoes (M) 5:30pm Sunday Night Movie (TR)  Easter April Fools Day	2 10am Bridge (S) 1pm Poker (TR) <b>1pm Life &amp; Religion Studies (MC)</b> 6pm Dominoes (M) 6:30-9:30pm Billiards (TR)	3 <b>9:30am Catholic Communion (LB)</b> <b>11:30am Taco Tuesday</b> <b>1pm Wii Bowling (MC)</b> 4pm Happy Hour (M) 5:30-8pm Billiards (TR) 6:30pm Socrates Café	4 <b>9:30am Yoga Nidra Meditation (TR)</b> <b>9:30am Dolphin Village Plaza</b> <b>12pm Blood Pressure Clinic (M)</b> 1pm Poker (TR) 1pm Rummi Cube (M) 1:30pm Bridge (M) <b>3pm Book Club (M)</b> 6:30pm Kings in a Corner (M)	5 <b>9:30am Mahaffey Theater Coffee Concert: Center Stage</b> <b>10:30am Chair Yoga (TR)</b> <b>1pm Move and Mingle w/Lemi (M)</b> <b>1:30pm Target/Gateway Mall</b> 3pm Writing Group (TR) 6:30pm Thursday Night Movie(TR) 6:30-8:30pm Trivial Pursuit (S)	6 <b>9:30 WalMart/ALDI</b> <b>10:30am Wii Bowling (MC)</b> <b>12pm Lunch at Chattaway's</b> 1pm Poker (TR) 1:30pm Scrabble (M) 1:30pm Bridge (S) <b>2pm Silver Sneakers Fitness (M)</b> <b>4pm Disco Happy Hour (M)</b> 6:30pm Friday Night Movie (TR)	7 <b>9:30am Yoga Nidra Meditation (TR)</b> 10:30am Billiards (TR) 1pm Poker (TR) 6:30pm Saturday Night Movie (TR)
8 1pm Poker (TR) 5pm Dominoes (M) 5:30pm Sunday Night Movie (TR)	9 10am Bridge (S) 1pm Poker (TR) <b>1pm Life &amp; Religion Studies (MC)</b> <b>2:15-4pm Computer Basics at Mirror Lake Library (OYO)</b> 6pm Dominoes (M) 6:30-9:30pm Billiards (TR)	10 <b>11:30am April Birthday Luncheon (PRD)</b> <b>1pm Wii Bowling (MC)</b> 4pm Happy Hour (M) 5:30-8pm Billiards (TR)	11 <b>9:30am Yoga Nidra Meditation (TR)</b> <b>9:30am Northeast Shopping Center</b> <b>9:30am MFA Coffee Talk w/ Nan Colton: Setting the Table</b> <b>12pm Blood Pressure Clinic (M)</b> 1pm Poker (TR) 1pm Rummi Cube (M) 1:30pm Bridge (S) 6:30pm Kings in a Corner (M)	12 <b>10:30am Chair Yoga (TR)</b> <b>1pm Move and Mingle w/Lemi (M)</b> <b>1:30pm Trader Joe's</b> 3pm Writing Group (TR) <b>4pm Dinner at Harvey's</b> 6:30pm Thursday Night Movie(TR) 6:30-8:30pm Trivial Pursuit (S)	13 <b>9:30am WalMart/ALDI</b> <b>10:30am Wii Bowling (MC)</b> 1pm Poker (TR) 1:30pm Scrabble (M) 1:30pm Bridge (S) <b>2pm Silver Sneakers Fitness (M)</b> 4pm Happy Hour (M) 6:30pm Friday Night Movie (TR)	14 <b>9:30am Yoga Nidra Meditation (TR)</b> 10:30am Billiards (TR) 1pm Poker (TR) 6:30pm Saturday Night Movie (TR)
15 1pm Poker (TR) 5pm Dominoes (M) 5:30pm Sunday Night Movie (TR)	16 10am Bridge (S) 1pm Poker (TR) <b>1pm Life &amp; Religion Studies (MC)</b> <b>1pm Milkshake Social (M)</b> 6pm Dominoes (M) 6:30-9:30pm Billiards (TR)	17 <b>9:30am Catholic Communion (LB)</b> <b>1pm Wii Bowling (MC)</b> <b>2pm Mini Manicures (S)</b> 4pm Happy Hour (M) 5:30-8pm Billiards (TR) 6:30pm Socrates Café	18 <b>9:30am Yoga Nidra Meditation (TR)</b> <b>9:30am Pasadena Shopping Center</b> <b>12pm Blood Pressure Clinic (PRD)</b> <b>12pm Private Event (M)</b> 1pm Poker (TR) 1pm Rummi Cube (M) 1:30pm Bridge (S) <b>2:15pm Resident Council Meeting (M)</b> 6:30pm Kings in a Corner (M)	19 <b>10:30am Chair Yoga (TR)</b> <b>1pm Move and Mingle w/Lemi (M)</b> <b>1:30pm Target/Gateway Mall</b> 3pm Writing Group (TR) <b>6:30pm Martini and A Movie (TR)</b> 6:30-8:30pm Trivial Pursuit (S)	20 <b>9:30am WalMart/ALDI</b> <b>9:30am MWTM: What Makes A Great Opera Melody?</b> <b>10:30am Wii Bowling (MC)</b> 1pm Poker (TR) 1:30pm Scrabble (M) 1:30pm Bridge (S) <b>2pm Silver Sneakers Fitness (M)</b> <b>4pm Caribbean Happy Hour &amp; Dinner (M)</b> 6:30pm Friday Night Movie (TR)	21 <b>9:30am Yoga Nidra Meditation (TR)</b> 10:30am Billiards (TR) 1pm Poker (TR) 6:30pm Saturday Night Movie (TR)
22 1pm Poker (TR) 5pm Dominoes (M) 5:30pm Sunday Night Movie (TR)  Earth Day	23 10am Bridge (S) 1pm Poker (TR) <b>1pm Life &amp; Religion Studies (MC)</b> <b>2:15pm Activities Meeting (MC)</b> 6pm Dominoes (M) 6:30-9:30pm Billiards (TR)	24 <b>1pm Wii Bowling (MC)</b> 4pm Happy Hour (M) 5:30pm-8pm Billiards (TR) <b>6pm Jeopardy (M)</b>	25 <b>9:30am Yoga Nidra Meditation (TR)</b> <b>9:30am Northeast Shopping Center</b> <b>12pm Blood Pressure Clinic (M)</b> 1pm Poker (TR) 1pm Rummi Cube (M) <b>1pm Thrifting</b> <b>1:30pm Food Meeting with the Chef (M)</b> 1:30pm Bridge (S) 6:30pm Kings in a Corner (M)	26 <b>10:30 Chair Yoga (TR)</b> <b>1pm Move and Mingle w/Lemi (M)</b> <b>1:30pm Disston Plaza</b> 3pm Writing Group (TR) <b>4pm Dinner at The Hangar</b> 6:30pm Thursday Night Movie(TR) 6:30-8:30pm Trivial Pursuit (S)	27 <b>9:30am WalMart/Aldi</b> <b>10:30am Wii Bowling (MC)</b> 1pm Poker (TR) 1:30pm Scrabble (M) 1:30pm Bridge (S) <b>2pm Silver Sneakers Fitness (M)</b> 4pm Happy Hour (M) <b>6:30pm Pizza and a Movie (TR)</b>	28 <b>9:30am Yoga Nidra Meditation (TR)</b> 10:30am Billiards (TR) 1pm Poker (TR) 6:30pm Saturday Night Movie (TR)
29 1pm Poker (TR) 5pm Dominoes (M) 5:30pm Sunday Night Movie (TR)	30 10am Bridge (S) 1pm Poker (TR) <b>1pm Life &amp; Religion Studies (MC)</b> 6pm Dominoes (M) 6:30-9:30pm Billiards (TR)	<b>April Birthdays</b> <b>DAVID LESSELS 04/03</b> <b>SHERRY SCOTT 04/05</b> <b>OLGA COSS 04/12</b> <b>FLO SCANLON 04/15</b> <b>ISABEL AITELLI 04/16</b>	<b>JESSE WHITEWOLF 04/18</b> <b>BLANCHE HODGE 04/21</b> <b>JANET IZZO 04/23</b> <b>MARY-ANNE MITCHELL 04/24</b> <b>JOHN DEVLIN 04/28</b>	<b>OYO = ON YOUR OWN</b> <b>TR = THEATER ROOM</b> <b>M = MEZZANINE</b> <b>S = ART STUDIO</b> <b>PD = POOL DECK</b> <b>MC = MEDIA CENTER</b> <b>PRD = PRIVATE DINING</b> <b>L = LOBBY</b> <b>LIB = LIBRARY</b> <b>DR = DINING ROOM</b>		<b>KEY</b> Green = TPM Bus Transportation <b>Black Bold</b> = Meetings Purple = Highlighted Activity/Event Blue = Exercise/Wellness Activity Red =Spiritual



# April

## Welcome Home, New Residents



## The Princess Martha Team

- DANIELLE BRUYNELL**  
*EXECUTIVE DIRECTOR*
- ALAN MARTINEZ**  
*MARKETING DIRECTOR*
- VICTORIA GREEN**  
*LIFE ENRICHMENT DIRECTOR*
- ALAN CUNNINGHAM**  
*DINING SERVICES DIRECTOR*
- JULIE MAINTZER**  
*BUSSINESS OFFICE MANAGER*
- ANGELA BUTLER**  
*HOUSEKEEPING SUPERVISOR*

## The History of Earth Day

By the early 1960s Americans were becoming aware of the effects of pollution on the environment. Rachel Carson's 1962 bestseller "Silent Spring" raised the specter of the dangerous effects of pesticides on America's countrysides. Later in the decade, a 1969 fire on Cleveland's Cuyahoga River shed light on the problem of chemical waste disposal. Until that time, protecting the planet's natural resources was not part of the national political agenda, and the number of activists devoted to large-scale issues such as industrial pollution was minimal. Factories pumped pollutants into the air, lakes and rivers with few legal consequences. Big, gas-guzzling cars were considered a sign of prosperity. Only a small portion of the American population was familiar with—let alone practiced—recycling.

### Did You Know?

*A highlight of the United Nations' Earth Day celebration in New York City is the ringing of the Peace Bell, a gift from Japan, at the exact moment of the vernal equinox.*

Since 1970, Earth Day celebrations have grown. In 1990, Earth Day went global, with 200 million people in over 140 nations participating, according to the Earth Day Network (EDN), a nonprofit organization that coordinates Earth Day activities. In 2000, Earth Day focused on clean energy and involved hundreds of millions of people in 184 countries and 5,000 environmental groups, according to EDN. Activities ranged from a traveling, talking drum chain in Gabon, Africa, to a gathering of hundreds of thousands of people at the National Mall in Washington, D.C. Today, the Earth Day Network collaborates with more than 17,000 partners and organizations in 174 countries. According to EDN, more than 1 billion people are involved in Earth Day activities, making it "the largest secular civic event in the world."

## Highlighted Activities

- Taco Tuesday 04/03
- Lunch at The Chattaway 04/06
- Disco Happy Hour 04/06
- Dinner at Harvey's 04/12
- Milkshake Social 04/16
- Mini Manicure 04/17
- Martinis and a Movie 04/19
- Caribbean Happy Hour and Dinner 04/20
- Jeopardy 04/24
- Dinner at The Hangar 04/26
- Pizza and a Movie 04/27

